

ABSTRACT

A refrigerant pack is provided with a refrigerant substance containing water, a precipitating component, a non-precipitating component, and a pH indicator, and is
5 configured such that the precipitating component precipitates when the refrigerant substance freezes and is a component not corresponding to the pH indicator, the non-precipitating component does not precipitate when the refrigerant substance freezes and is a component not corresponding to the pH indicator, a change or the presence/absence of coloring in the pH indicator is reflected before and after freezing,
10 and the refrigerant substance changes in color.