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(54) Title: TREATMENT FOR DEPRESSIVE DISORDERS

(57) Abstract: A method for treating a depressive disorder is provided which comprises administering a melatonin agonist alone, or in combination with additional antidepressant medication(s). The depressive disorder treated is one or more of major depression, dysthymia or bipolar disorder. A kit is also provided comprising one or more pharmaceutical dose units of a melatonin agonist and one or more pharmaceutical dose units of an antidepressant. The individual dose units may each further comprise an antidepressant or antipsychotic, and optionally one or more pharmaceutically active ingredients.



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