

ABSTRACT

Provided is a sirtuin-1 activation agent including a natural extract, having high safety as an active ingredient, and a skin cosmetic for activating sirtuin 1. The sirtuin-1 activation agent of the present invention includes an extract of kiwifruit and/or *Cordyline fruticosa*. Further, the skin cosmetic for activating sirtuin 1 of the present invention is mixed with the extract of kiwifruit and/or *Cordyline fruticosa*.