[0006] The technical problem underlying the present invention is therefore that of providing improved pads, in particular pads that, in addition to planar pressure, are able to exert specific, precise pressure. In particular, the technical problem underlying the present invention is that of providing a pad that leads to an improved massage effect, in particular a massage effect by the movement of the pressure body.

SUMMARY

[0006a] In a first aspect, the present disclosure refers to a pad for orthopedic aids, comprising a pad base body made of a first material and at least one pad pressure element made of a second material, the pad pressure element being at least partially embedded in the pad base body, and the first material of the pad base body being softer than the second material of the pad pressure element, the pad pressure element comprising at least two pin-shaped elevations and a base element, the pin-shaped elevations being arranged on the base element, the pin-shaped elevations being movable in a viscoelastic manner by way of the base element, the base element including at least one hole, and the at least two pin-shaped elevations on the base element being positioned at the edge of the at least one hole, characterized in that the at least two pin-shaped elevations are connected to one another by way of a web spanning the hole, and at least one further pin-shaped elevation being located on the web.

[0006b] In a second aspect, the present disclosure refers to an orthosis or a bandage comprising a pad according to the first aspect.

[0007] The technical problem underlying the invention is solved by providing a pad for orthopedic aids, comprising a pad base body made of a first material and at least one pad pressure element made of a second material, wherein the pad pressure element is at least partially embedded in the pad base body, and wherein the first material of the pad base body is softer than the second material

of the pad pressure element, wherein the pad pressure element includes at least two pin-shaped elevations and a base element, wherein the pin-shaped elevations are arranged on the base element, and wherein the pin-shaped elevations can be moved in a viscoelastic manner by way of the base element.

[0008] The invention is therefore primarily characterized in that the at least two pin-shaped elevations are connected to one another above a base element and can be moved in a viscoelastic manner by way of the same when they are at least partially embedded in the pad base body.

[0009] The viscoelastic mobility of the pin-shaped elevations, in particular with respect to one another, can preferably be achieved by the flexible design of the base element. Therefore, the base element is preferably flexible.

[0010] The design of the pad according to the invention, comprising a novel pad pressure element made of pin-shaped elevations, which are connected by way of a base element and which are at least partially embedded in the softer pad base body and can be moved in a viscoelastic manner by way of the base element, advantageously results in an improved massage effect, in particular in a friction massage, in which not only pressure is exerted on the skin, but also a