

INFORMATION INDICATION METHOD AND COMMUNICATIONS APPARATUS

ABSTRACT

This application relates to the field of wireless fidelity technologies, and in particular to an information indication method. The method includes: An access point (access point, AP) determines resource indication information, and
5 sends the resource indication information. The resource indication information includes a plurality of bit sequences. A first bit sequence in the plurality of bit sequences corresponds to a first resource unit. The first resource unit is a resource unit in a resource block set that is allocated to a first station (station, STA) or a plurality of STAs. The resource block set includes at least two resource units. In the method provided in the embodiments of this application, two
10 content channels are used to transmit an HE-SIG B to indicate that a plurality of resource units are allocated to one or more stations, to reduce signaling overheads.

Figure 13