CLAIMS

Claim 1. Use of quercetin or a glycoside thereof in the manufacture of a medicament for inhibiting myofibrosis by inhibiting the differentiation process from muscle satellite cells into myofibroblasts,

wherein the inhibiting myofibrosis does not include inhibiting muscle atrophy.

Claim 2. The use according to claim 1,

wherein the medicament is a food, beverage, or oral pharmaceutical product.