Figure 1



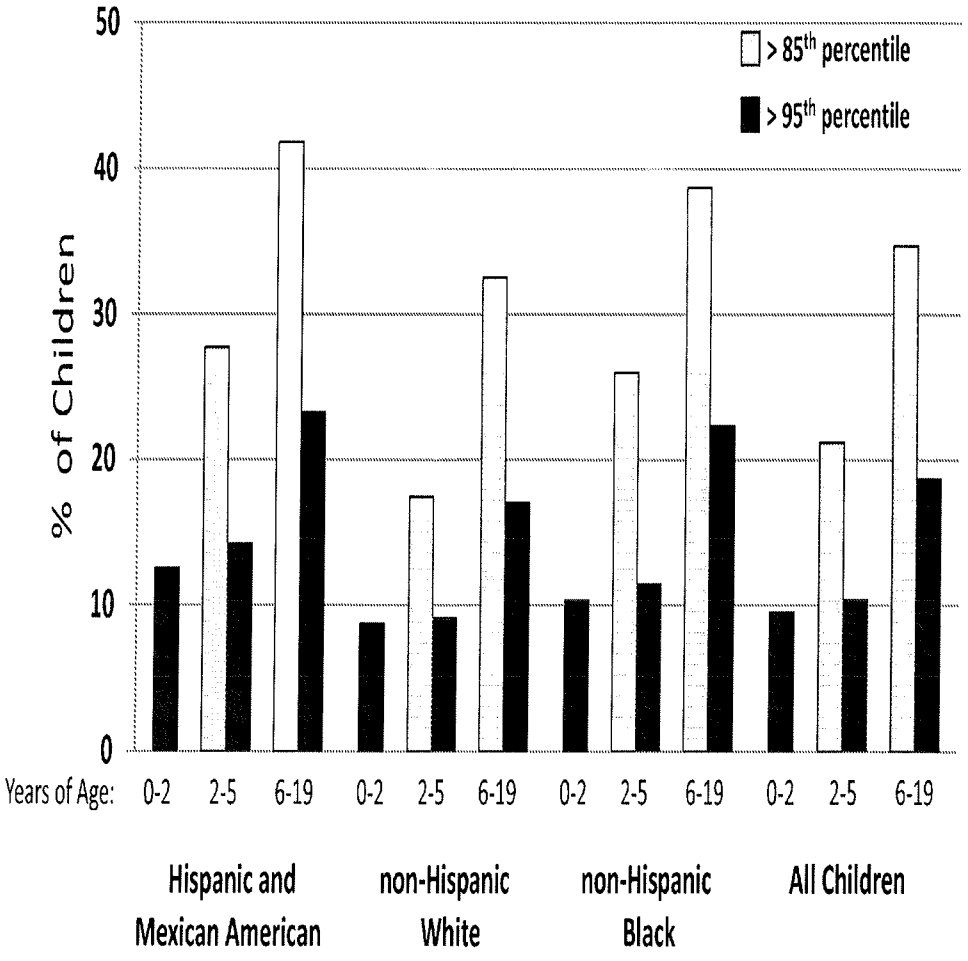

50
40
30
20
10
0
% of Children
> 85th percentile
> 95th percentile
Years of Age:
0-2
2-5
6-19
Hispanic and Mexican American
non-Hispanic White
non-Hispanic Black
All Children

Figure 2



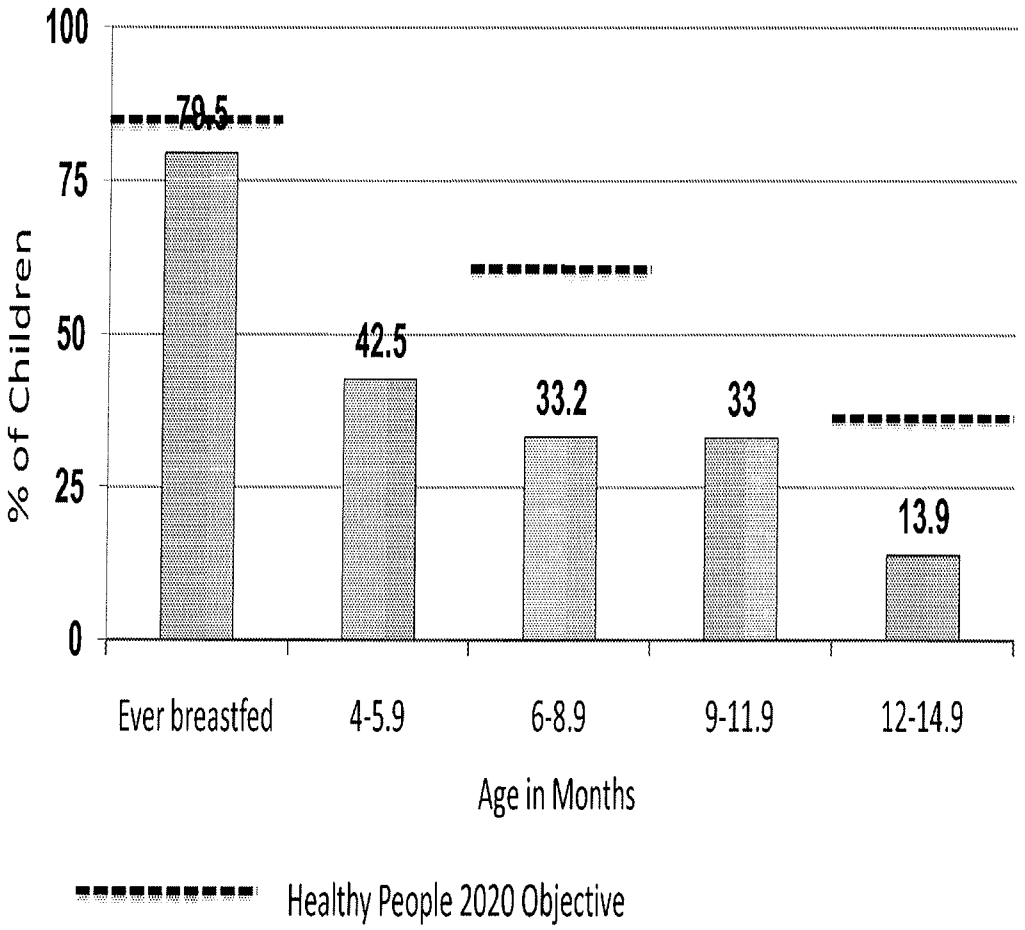

100
75
50
25
0
% of Children
79.5
42.5
33.2
33
13.9
Ever breastfed
4-5.9
6-8.9
9-11.9
12-14.9
Age in Months
Healthy People 2020 Objective

Figure 3



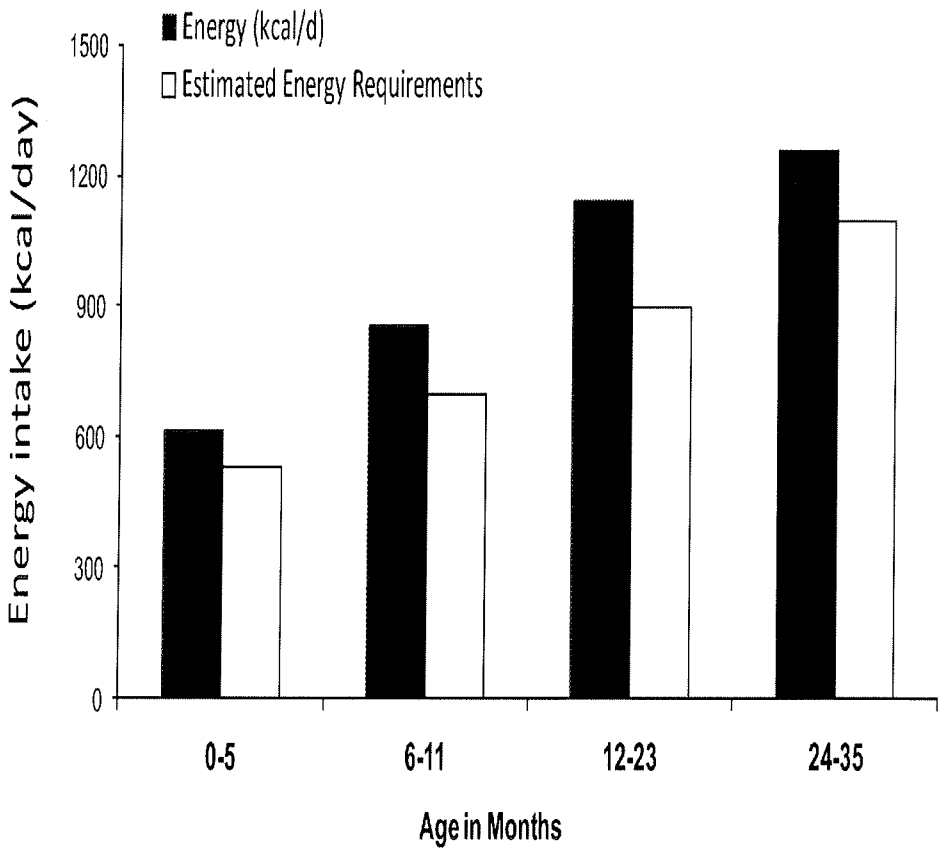

Energy (kcal/d)
Estimated Energy Requirements
Energy intake (kcal/day)
1500
1200
900
600
300
0
0-5
6-11
12-23
24-35
Age in Months

Figure 4



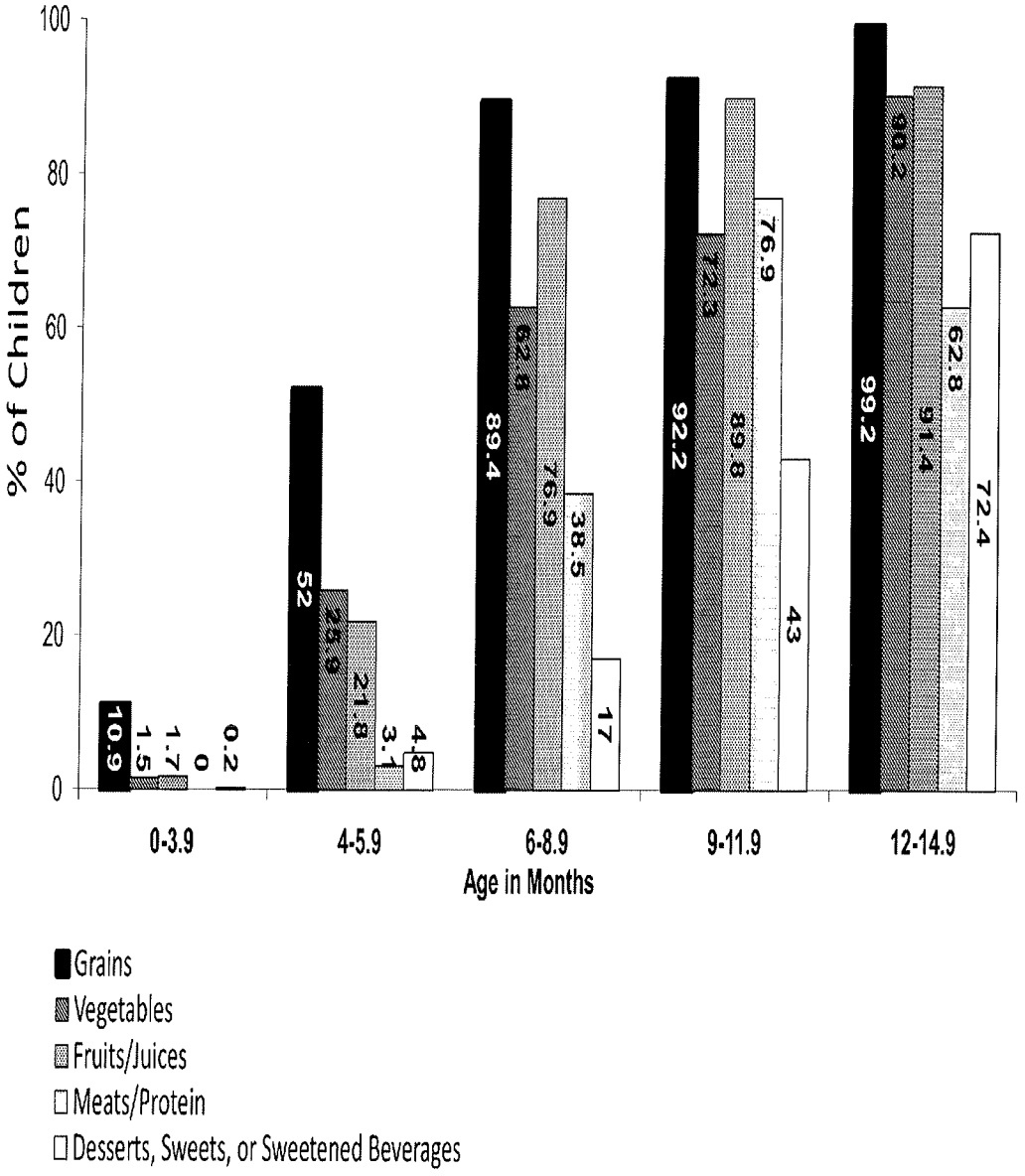

100
80
60
40
20
0
% of Children
10.9
1.5
1.7
0
0.2
52
25.9
21.8
3.1
4.8
89.4
62.9
76.9
38.5
17
92.2
72.3
89.8
76.9
43
99.2
90.2
91.4
62.8
72.4
0-3.9
4-5.9
6-8.9
9-11.9
12-14.9
Age in Months
Grains
Vegetables
Fruits/Juices
Meats/Protein
Desserts, Sweets, or Sweetened Beverages

Figure 5



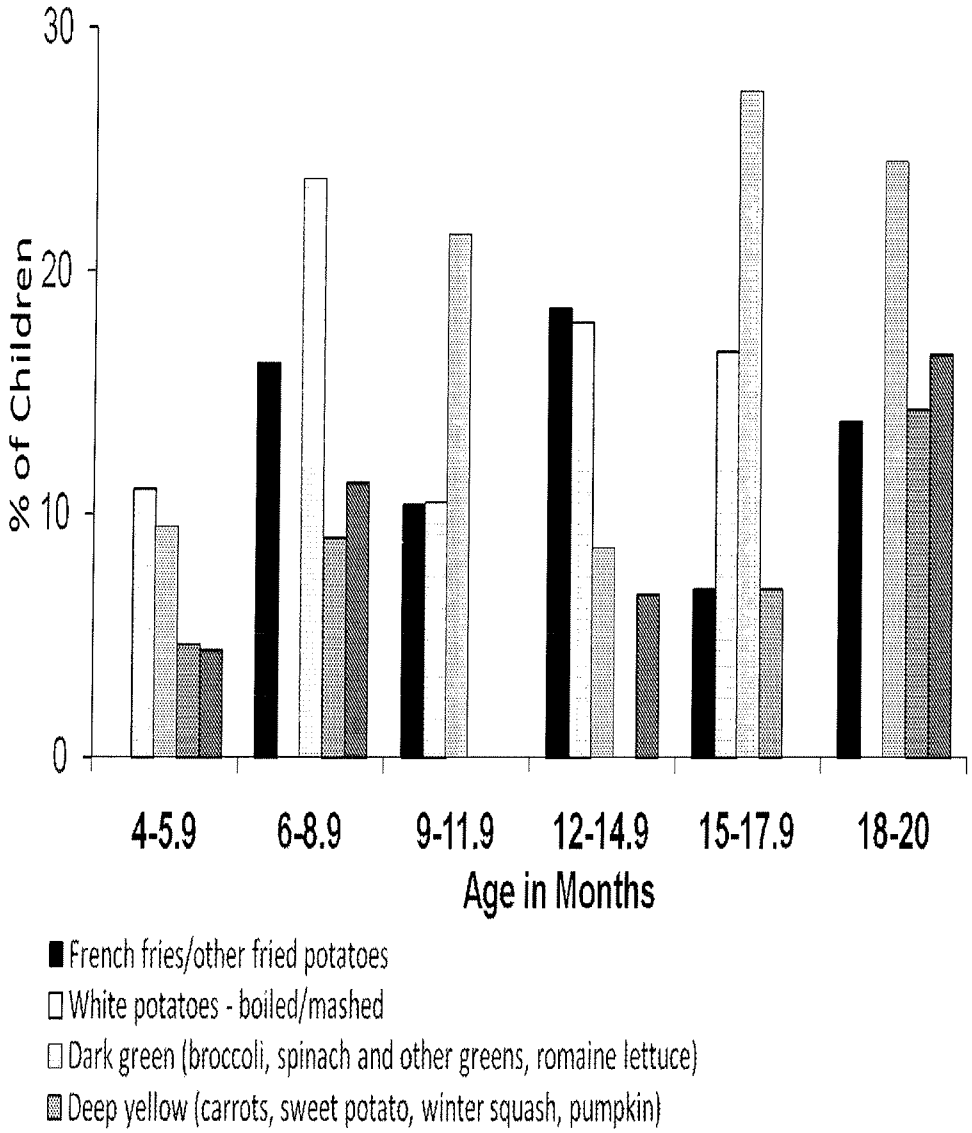
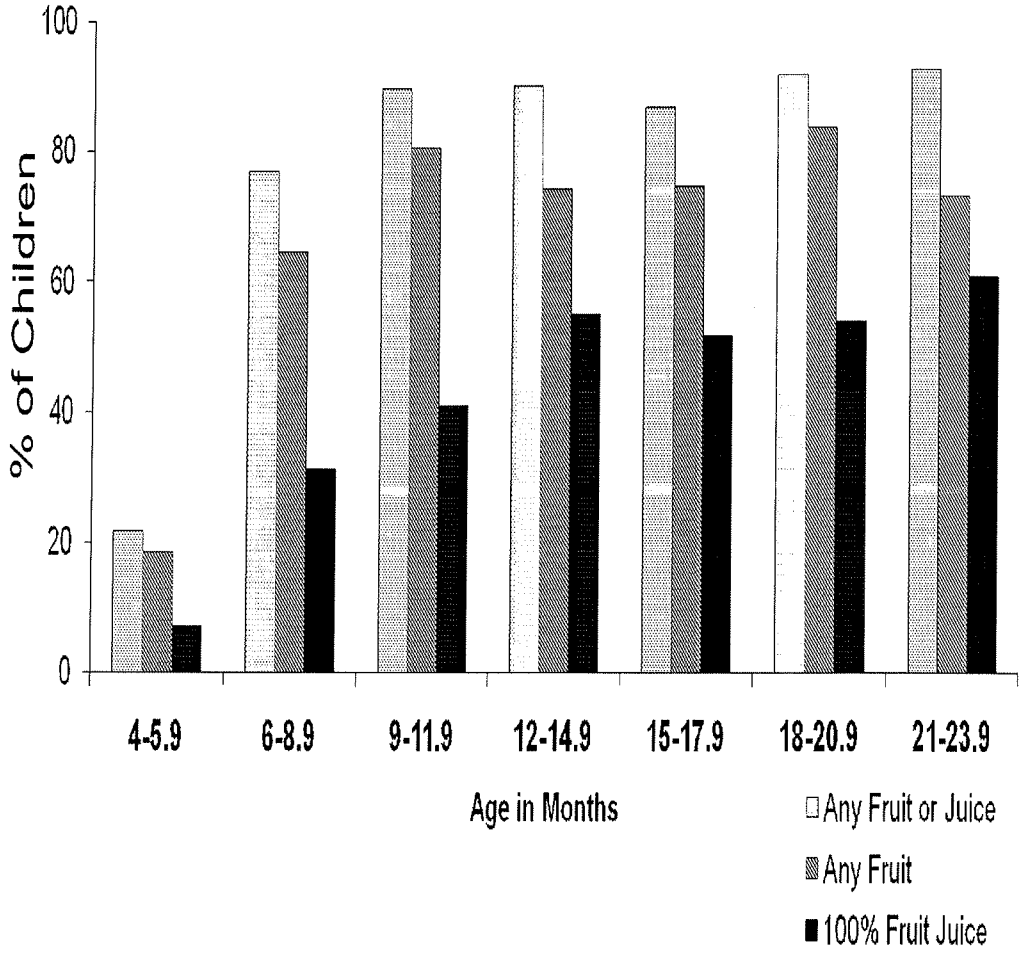

30
20
10
0
% of Children
4-5.9
6-8.9
9-11.9
12-14.9
15-17.9
18-20
Age in Months
French fries/other fried potatoes
White potatoes - boiled/mashed
Dark green (broccoli, spinach and other greens, romaine lettuce)
Deep yellow (carrots, sweet potato, winter squash, pumpkin)

Figure 6




100
80
60
40
20
0
% of Children
4-5.9
6-8.9
9-11.9
12-14.9
15-17.9
18-20.9
21-23.9
Age in Months
Any Fruit or Juice
Any Fruit
100% Fruit Juice