CLAIMS

1. A cellulose composition comprising cellulose and cellooligosaccharides from trisaccharides to heptasaccharides, wherein

a cellooligosaccharide content per 5 g of the cellulose composition is at least 1.5 mg but not more than 9.0 mg.

2. The cellulose composition according to Claim 1, wherein a water-soluble substance content per 5 g of the cellulose composition is at least 2.5 mg but not more than 12.5 mg.

3. The cellulose composition according to Claim 2, wherein a proportion of the cellooligosaccharides relative to the water-soluble substances is at least 47% by mass but not more than 67% by mass.

4. The cellulose composition according to any one of Claims 1 to 3, wherein the cellulose composition is a powder, and an average particle size of the powder is at least 10 μm but not more than 200 μm.

5. The cellulose composition according to Claim 4, wherein an aspect ratio L/D of the powder is at least 1.8 but not more than 4.0.

6. A tablet comprising the cellulose composition of any one of Claims 1 to 5, and at least one active component.

7. The tablet according to Claim 6, further comprising a lubricant, wherein ~~a~~the lubricant content, relative to a total mass of the tablet, is at least 0.3% by mass but not more than 5% by mass.

8. The tablet according to Claim 7, wherein the lubricant is at least one substance selected from the group consisting of fatty acid metal salts, fatty acid esters, and fatty acid ester metal salts.

9. The tablet according to Claim 7 or 8, wherein the lubricant is at least one substance selected from the group consisting of magnesium stearate, calcium stearate, sodium stearyl fumarate, stearic acid, sucrose fatty acid esters, and talc.

10. The tablet according to any one of Claims 6 to 9, wherein the active component content, relative to a total mass of the tablet, is at least 0.01% by mass less than 50% by mass.