WHAT IS CLAIMED IS:

1. An oral rehydration slush composition comprising:

water;

dextrose;

15 mEq/L to 120 mEq/L of sodium;

2 mEq/L to 60 mEq/L of potassium;

25 mEq/L to 110 mEq/L of chloride; and

5 mmol/L to 40 mmol/L of citrate,

wherein the oral rehydration slush composition has an osmolality of 70 mOsm/kg H_2O to 350 mOsm/kg H_2O.

2. The oral rehydration slush composition of claim 1, further comprising a gum system comprising at least one of a water binding gum and an emulsifying gum.

3. The oral rehydration slush composition of claim 2, wherein the water binding gum comprises at least one of carboxymethyl cellulose, hydroxypropyl methylcellulose, methyl cellulose, guar gum, locust bean gum, tara gum, xanthan gum, and combinations thereof, and the emulsifying gum comprises gum acacia.

4. The oral rehydration slush composition of claim 2 or claim 3, wherein the gum system comprises 0.25 wt% to 0.75 wt% of the oral rehydration slush composition.

5. The oral rehydration slush composition of any one of claims 1 to 4, wherein a molar ratio of dextrose to sodium is 1:1 to 3:1.

6. The oral rehydration slush composition of any one of claims 1 to 5, wherein the sodium is provided by at least one of sodium chloride, sodium phosphate, sodium citrate, sodium carbonate, sodium bicarbonate, sodium hydroxide, and combinations thereof,

wherein the potassium is provided by at least one of potassium chloride, potassium phosphate, potassium citrate, potassium carbonate, potassium bicarbonate, potassium hydroxide, and combinations thereof, and

wherein the chloride is provided by at least one of sodium chloride, potassium chloride, calcium chloride, magnesium chloride, and combinations thereof.

7. The oral rehydration slush composition of any one of claims 1 to 6, wherein the oral rehydration slush composition has a total solids content of 2% to 10%

8. The oral rehydration slush composition of any one of claims 1 to 7, wherein the oral rehydration slush composition is free of glycerol.

9. An oral rehydration slush composition comprising:

water;

a source of carbohydrate;

a source of electrolytes; and

a source of citrate,

wherein the oral rehydration slush composition has an osmolality of 70 mOsm/kg H_2O to 350 mOsm/kg H_2O.

10. The oral rehydration slush composition of claim 9, further comprising a gum system comprising at least one of a water binding gum and an emulsifying gum.

11. The oral rehydration slush composition of claim 10, wherein the water binding gum comprises at least one of carboxymethyl cellulose, hydroxypropyl methylcellulose, methyl cellulose, guar gum, locust bean gum, tara gum, xanthan gum, and combinations thereof, and the emulsifying gum comprises gum acacia.

12. The oral rehydration slush composition of claim 10 or claim 11, wherein the gum system comprises 0.25 wt% to 0.75 wt% of the total weight of the oral rehydration slush composition.

13. The oral rehydration slush composition of any one of claims 9 to 12, wherein the source of electrolytes comprises one or more of a source of sodium, a source of potassium, and a source of chloride.

14. The oral rehydration slush composition of claim 13, wherein the source of sodium is present in an amount sufficient to provide 15 mEq/L to 120 mEq/L of sodium, wherein the source of potassium is present in an amount sufficient to provide 2 mEq/L to 60 mEq/L of potassium, and wherein the source of chloride is present in an amount sufficient to provide 25 mEq/L to 110 mEq/L of chloride.

15. The oral rehydration slush composition of claim 13 or claim 14, wherein the source of carbohydrate comprises dextrose, and a molar ratio of dextrose to sodium is 1:1 to 3:1.

16. The oral rehydration slush composition of any one of claims 9 to 15, wherein the source of citrate is present in an amount sufficient to provide 5 mmol/L to 40 mmol/L of citrate.

17. The oral rehydration slush composition of any one of claims 13 to 16, wherein the source of sodium is at least one of sodium chloride, sodium phosphate, sodium citrate, sodium carbonate, sodium bicarbonate, sodium hydroxide, and combinations thereof,

wherein the source of potassium is at least one of potassium chloride, potassium phosphate, potassium citrate, potassium carbonate, potassium bicarbonate, potassium hydroxide, and combinations thereof, and

wherein the source of chloride is at least one of sodium chloride, potassium chloride, calcium chloride, magnesium chloride, and combinations thereof.

18. The oral rehydration slush composition of any one of claims 9 to 17, wherein the oral rehydration slush composition has a total solids content of 2% to 10%.

19. The oral rehydration slush composition of any one of claims 9 to 18, wherein the oral rehydration slush composition is free of glycerol.

20. The oral rehydration slush composition of any one of claims 1 to 19, wherein the oral rehydration slush composition has a D90 particle size of 15 microns to 35 microns in a ready-to-eat frozen state.

21. Use of the oral rehydration slush composition of any one of claims 1 to 20 in the manufacture of a medicament for the treatment of dehydration in an individual in need thereof.

22. The oral rehydration slush composition of any one of claims 1 to 20 for use in therapy.