What is claimed is:

1. A method comprising:

acquiring, heart rate data of a plurality of individuals from a plurality of heart rate sensors on the individuals continuously;

acquiring facial data of the individuals from a camera in a room;

acquiring weight data of the individuals on chairs in the room from pressure sensors in the chairs;

comparing, a heart rate of a first individual in the plurality of individuals when both of the first individual and a second individual in the plurality of individuals are together in the room, with the heart rate of the first individual when the first individual is not together with the second individual;

comparing a heart rate of the second individual when both of the first individual and the second individual are together in the room, with the heart rate of the second individual when the first individual is not together with the second individual; and

providing a recommendation to separate the first individual and the second individual in a case where the heart rates of the first and the second individuals increase when both of the first individual and the second individual are together in the room, compared with the heart rates of the first and the second individuals when the first individual is not together with the second individual.

2. The method of claim 1, wherein the plurality of heart rate sensors comprise one or more wearable sensors that are worn by the individuals.

3. The method of claim 1, wherein the plurality of heart rate sensors comprise one or more non-wearable sensors, the non-wearable sensors being provided in a chair, a table, or a room.

4. The method of any one of claims 1 to 3, wherein the heart rate data comprises heart rate data from a plurality of first individuals of the group.

5. The method of any one of claims 1 to 4, further comprising the step of acquiring at least one of the following physiological data a body temperature, a skin conductance, a vibration, a breathing rate, a blood pressure, and an activity of the individual.

6. The method of any one of claim 5, wherein acquiring the physiological data comprises tracking the physiological data at intervals over a period of time.

7. The method of any one of claims 1 to 6, further comprising

comparing, using the at least one microprocessor, the heart rate data from one of the plurality of individuals of the group with the heart rate data from at least another of the plurality of individuals of the group, and

determining, using the at least one microprocessor, a recommendation relating to the group in a case where the heart rate data from the one of the plurality of individuals of the group and the heart rate data from the at least another of the plurality of individuals of the group are correlated.