CLAIMS

1. Use of a Euglena-derived material in the manufacture of a medicament for preventing or treating influenza or treating rheumatoid arthritis,

wherein said medicament is an immune balance regulator that regulates an immune balance between Th1, Th2, and Th17, the immune balance being a balance between immune responses individually induced by Th1, Th2, and Th17 in a living body,

wherein the Euglena-derived material is selected from a group consisting of Euglena, paramylon and a processed product therefrom.

2. The use of claim 1, wherein the regulator is to be used as an anti-influenza agent.

3. The use of claim 1, wherein the regulator is to be used to treat rheumatoid arthritis.

4. The use of claim 1, wherein the Euglena-derived material is paramylon or a processed product therefrom.