What is claimed is:

1. A method comprising:

acquiring, from one or more sensors, physiological data from at least one first individual of a plurality of individuals of a group;

comparing, using at least one microprocessor that continuously tracks the physiological data acquired by the one or more sensor, the physiological data acquired prior to a time point at which at least one second individual joined the group and the physiological data acquired after the time point; and

determining, using the at least one microprocessor, a recommendation relating to the group in a case where the physiological data acquired after the time point changes compared to the physiological data acquired prior to the time point.

2. The method of claim 1, wherein the one or more sensors comprise one or more wearable sensors that are worn by the individuals.

3. The method of claim 1, wherein the one or more sensors comprise one or more non-wearable sensors, the non-wearable sensors being provided in a chair, a table, or a room.

4. The method of any one of claims 1 to 3, wherein the physiological data comprises physiological data from a plurality of first individuals of the group.

5. The method of any one of claims 1 to 4, wherein the physiological data comprises one or more of a heart rate, a body temperature, a skin conductance, a vibration, a breathing rate, a blood pressure, a facial image, and an activity of the individual.

6. The method of any one of claims 1 to 5, wherein acquiring the physiological data comprises tracking the physiological data at intervals over a period of time.

7. The method of any one of claims 1 to 6, further comprising

comparing, using the at least one microprocessor, the physiological data from one of the plurality of individuals of the group with the physiological data from at least another of the plurality of individuals of the group, and

determining, using the at least one microprocessor, a recommendation relating to the group in a case where the physiological data from the one of the plurality of individuals of the group and the physiological data from the at least another of the plurality of individuals of the group prior to and after the time point are correlated.