

A CHAIR

ABSTRACT OF THE DISCLOSURE

A chair having a standable and layable backrest and a rasied and lowered footrest, is capable of protecting the muscles of the waist part from being pulled strongly when the backrest is inclined. The chair comprises a chair body 10 which is consisted of a seat 40 mounted on a body frame 11, a backrest 30 pivotally jointed to the rear side of the body frame 11 for standing and laying, a footrest 50 having of a legs receiving part 51 which is pivotally jointed to the front side of the body frame 11 and raised and lowered by a pivoting means 60, a link means 70 to link the raising and lowering of the footrest 50 and the standing and laying of the backrest 30, and the raising speed of the footrest 50 in the initial period is faster than the one in the end period, a user' legs can be raised upward by the footrest 50 when the backrest 30 is laid so that the muscles of the waist part can be protected from being pulled suddenly and strongly.

(Fig. 8)