

ABSTRACT

The present invention relates to a method for washing clothing, including washing clothing with a detergent liquid having a pH of 3.5 or more and 8.5 or less at 20°C obtained by mixing the following component (A) and component (B), and water having a hardness:

component (A): an internal olefin sulfonate having 15 or more and 24 or less carbon atoms; and

component (B): protease.