CLAIMS

1. A combination comprising a retinoid and an extract of *Silybum marianum* (L.) Gaertn., characterized in that the retinoid is retinaldehyde and in that the extract of *Silybum marianum* (L.) Gaertn. is an extract of achenes of *Silybum marianum* (L.) Gaertn. comprising less than 0.2% by weight of silymarin based on the weight of the dry extract and obtainable by extraction of an oil derived from *Silybum marianum* (L.) Gaertn. achenes by a C1 to C3 alcohol optionally in mixture with water.

2. The combination according to claim 1, characterized in that the extract of *Silybum marianum* (L.) Gaertn. is an achene extract of *Silybum marianum* (L.) Gaertn. comprising less than 0.1% by weight of silymarin based on the weight of the dry extract.

3. The combination according to claim 1 or 2, characterized in that the extract of *Silybum marianum* (L.) Gaertn. contains between 0.5% and 2.5% by weight, in particular between 1.0% and 2.0% by weight, for example about 1.5% by weight of beta-sitosterol based on the weight of the dry extract, advantageously with a silymarin/beta-sitosterol weight ratio of less than 0.4, in particular less than 0.07, and in particular between 2 and 7% by weight, in particular between 3 and 6% by weight, for example between 3 and 5% by weight of sterols based on the weight of the dry extract.

4. The combination according to any one of claims 1 to 3, characterized in that the extract of *Silybum marianum* (L.) Gaertn. contains between 3% and 15% by weight, in particular between 4% and 10% by weight, in particular between 4% and 6% by weight, for example about 5% by weight of free linoleic acid based on the weight of the dry extract, and in particular between 10% and 50% by weight, in particular between 10% and 30% by weight, in particular between 15% and 25% by weight of free fatty acids based on the weight of the dry extract.

5. The combination according to any one of claims 1 to 4, characterized in that the extract of *Silybum marianum* (L.) Gaertn. comprises between 0.01% and 0.5% by