CLAIMS

1. Use of lactic acid as an active ingredient in the preparation of a medical drug for preventing and/or treating tissue injury, wherein the tissue injury is injury to one or more of muscle tissue, tendon, fascia, and cartilage.

2. The use according to claim 1, wherein the medical drug further comprises a pharmaceutically acceptable carrier.

3. The use according to 1 or 2, wherein the lactic acid is the only active ingredient.

4. The use according to claim 1 or 2, wherein the lactic acid is formulated as an injection.

5. The use according to claim 1 or 2, wherein the lactic acid is formulated into an aqueous solution.

6. The use according to claim 5, wherein the lactic acid has a concentration of 25 mmol/L-75 mmol/L.