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(71)(72) Applicant and Inventor: JONES, Alonzo, H. [US/US]; P.O. Box 186, Hale Center, TX 79041 (US).			
(74) Agents: ROSE, David, A. et al.; Conley, Rose & Tayon, P.C., P.O. Box 3267, Houston, TX 77253-3267 (US).			
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(54) Title: XYLITOL COMPOSITIONS FOR TREATING UPPER RESPIRATORY CONDITIONS			
(57) Abstract Xylitol/xylose compositions and their methods of use for the treatment or prevention of nasopharyngeal congestion, recurrent sinus infections, infection or inflammation associated with bacteria, or asthma triggered by upper respiratory inflammation by nasal administration of the xylitol/xylose compositions are disclosed.			