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(54) Title: METHOD OF DRIVING A MASSAGE CHAIR

(57) Abstract: Methods of driving a massage chair are described for dispensing effective massage to reduce stress and relieve pain in an effective manner. The massage chair includes a backrest, a seat, two massage arms assembled with the backrest and having at least two contact members, a plurality of bottom airbags disposed in the seat, and a plurality of lateral airbags disposed at a left and a right side of the seat. The method includes defining a coordinate reference including a lengthwise axis extending along a length of the backrest, a transversal axis extending from a left toward a right side of the backrest, and a front-rear axis extending from a front toward a rear of the backrest, and driving the massage arms to perform certain sequences of massage actions to provide relief in the neck and shoulder areas, the lower back, and thigh and hip.

