

ABSTRACT

Provided is a hair iron capable of favorably arranging a hairstyle without damaging hair. The hair iron includes an arm (13A, 13B) extending from a base end portion 12. The arm (13A, 13B) has a plate (40) long in a direction of extending the arm (13A, 13B) and an elastic member (41) that supports a back side of the plate (40). The elastic member (41) has non-linear elasticity with which the elastic member (41) is more easily compressed when a load from a fore side to the back side of the plate (40) is small than when the load is great.