COMMUNICATION METHOD AND APPARATUS

ABSTRACT

This application relates to the field of communication technologies, and provides a communication method and apparatus, to resolve problems that, in a scenario in which a user plane network element transmits, to an application server, a large amount of media data requested by a terminal, substantial network transmission resources are occupied for forwarding the large amount of data, a service processing delay is long, and communication efficiency is low. The method includes: receiving a first message, where the first message includes that a terminal has a media over quick user datagram protocol internet connections QUIC data transmission requirement; and determining a second apparatus based on the first message, where the second apparatus supports a first function, the first function is a media over QUIC data transmission function, and the second apparatus is configured to: establish a first QUIC link with the terminal, and transmit media data over the first QUIC link.

FIG.4