CLAIMS

1. Compositions comprising a *Serenoa repens* extract, a *Zingiber officinalis* lipophilic extract and an *Echinacea angustifolia* or *Zanthoxylum bungeanum* lipophilic extract.

2. Compositions according to claim 1 wherein the extracts of *Serenoa repens, Zingiber officinalis, Echinacea angustifolia* and *Zanthoxylum bungeanum* are prepared by extraction with supercritical carbon dioxide.

3. Compositions according to claim 1 or 2 wherein the *Serenoa repens* extract: *Zingiber officinalis* lipophilic extract: *Echinacea angustifolia* or *Zanthoxylum bungeanum* lipophilic extract ratios are 1:0.25-0.5:0.05-01.

4. Compositions according to one or more of claims 1 to 3 further comprising oils rich in ω-3 fatty acids.

5. Compositions according to claim 4 wherein the oils are selected from *Oenothera biennis*, *Linum usitatissimum* or *Ribes nigrum* oils and natural or semi-synthetic fish oils.

6. Compositions according to one or more of claims 1 to 5 further containing antioxidants and trace elements.

7. The compositions of claims 1-6 for use in the treatment of urinary incontinence, benign prostate hypertrophy, prostatitis and prostatism, and pelvic pain.

8. Use of the compositions according to any one of claims 1-6 in the manufacture of a medicament for the treatment of urinary incontinence, benign prostate hypertrophy, prostatitis and prostatism, and pelvic pain.