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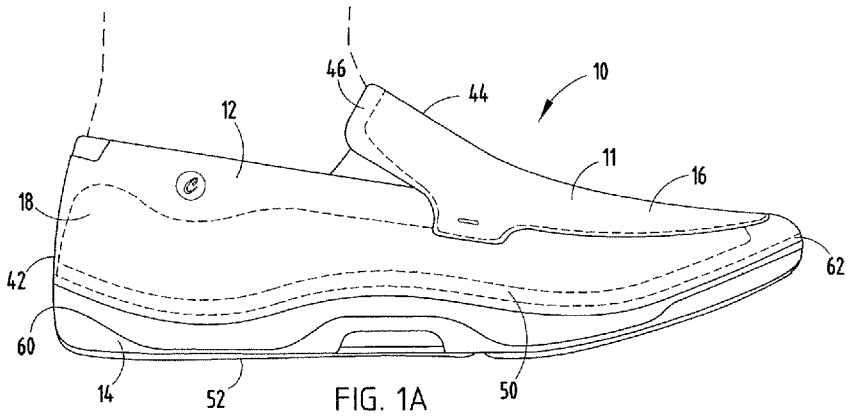


FIG. 1A

(57) Abstract: A shoe body including an upper operably connected with an outsole. The shoe body has a front portion and a back portion. An insole is disposed inside the shoe upper and has a substantially inelastic heel portion and a substantially elastic toe portion. A substantially rigid pressure plate is adjacent to the substantially elastic toe portion.

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