Claims

1. Use of a *Bifidobacterium longum* subsp. *infantis* strain in the manufacture of a composition for anti-aging in individuals, improving innate immunity in individuals, relieving symptoms caused by *Staphylococcus aureus* infection in individuals, and/or inhibiting *Staphylococcus aureus* infection in individuals, wherein the *Bifidobacterium infantis* is *Bifidobacterium infantis* with the deposit number of CGMCC No. 21109.
2. The use according to claim 1, wherein the *Bifidobacterium longum* subsp. *infantis* strain is used in the form of a solid or liquid bacterial preparation for the preparation of the composition.
3. The use according to claim 1, wherein the composition comprises a food composition, a feed composition, or a pharmaceutical composition.
4. The use according to claim 3, wherein the pharmaceutical composition further comprises a pharmaceutically acceptable auxiliary material, and the auxiliary material is an excipient, a diluent, a filler, and/or an absorption enhancer.
5. The use according to claim 3, wherein the pharmaceutical composition is in the form of powder, a lozenge, a granule, a microcapsule, a liquid preparation, and/or other dosage forms.
6. The use according to claim 1, wherein the composition is used to reduce death caused by *Staphylococcus aureus* infection;
   preferably, the *Bifidobacterium longum* subsp. *infantis* strain is taken in an amount of 1.0×10^3 CFU to 1.0×10^{12} CFU/day, more preferably 1.0×10^7 CFU to 1.0×10^{10} CFU/day.
7. The use according to claim 1, wherein the composition is used to prolong lifespan;
   preferably, the *Bifidobacterium longum subsp. infantis* strain is taken in an amount of 1.0×10^3 CFU to 1.0×10^{12} CFU/day, more preferably 1.0×10^7 CFU to 1.0×10^{10} CFU/day.
8. The use according to claim 1, wherein the composition is used to improve innate immunity;
   preferably, the *Bifidobacterium longum subsp. infantis* strain is taken in an amount of 1.0×10^3 CFU to 1.0×10^{12} CFU/day, more preferably 1.0×10^7 CFU to 1.0×10^{10} CFU/day.
9. The use according to any one of claims 6-8, wherein the composition is a food composition.
10. The use according to claim 9, wherein the food is a fermented dairy product, cheese, a dairy beverage, a solid beverage, or milk powder.
11. A composition for use in anti-aging in individuals, improving innate immunity in individuals, relieving symptoms caused by *Staphylococcus aureus* infection in individuals, and/or inhibiting

Staphylococcus aureus infection in individuals, comprising an effective amount of *Bifidobacterium longum* subsp. *infantis* with the deposit number of CGMCC No. 21109.

12. The composition according to claim 11, wherein the composition comprises a food composition, a feed composition, or a pharmaceutical composition.