

ABSTRACT**Element for cultivating at least one plant and method for producing the element**

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The element (50) is intended to be placed in a receptacle for the cultivation of at least one plant, and comprises:

- a substantially solid body (52) including a substrate adapted to enable said plant to develop;
- 10 - at least one seed (51) of said plant disposed on the body in at least one seed receiving area (53);
- a layer for holding the seed(s) in said receiving area, comprising a dried mineral powder.

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The holding layer results from drying a deposition of a holding composition (60) including a mineral powder suspended in water.

Figure 3