

STERILIZATION METHODS AND APPARATUS

CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] This application claims the benefit of priority to U.S. Prov. App. 61/145,932 filed January 20, 2009, which is incorporated herein by reference in its
5 entirety.

FIELD OF THE INVENTION

[0002] The present invention relates generally to methods and apparatus for sterilization of temperature sensitive medical devices, particularly catheter devices and
10 implantable prostheses.

BACKGROUND OF THE INVENTION

[0003] There are several commonly known methods for terminal sterilization, including, dry heat, steam autoclave, ethylene oxide (EO) and radiation (gamma and E-
15 beam). There are also newer sterilization options that utilize hydrogen peroxide (H₂O₂) vapor which are effective sterilization methods for highly resistant spore formers, non-spore forming bacteria and other microorganisms.

[0004] However, many of these traditional sterilization methods suffer from a number of limitations which reduce their effectiveness. For instance, the application of
20 dry heat is typically conducted at 160-170° C for a minimum of two hours but due to its high temperature requirement, its application is highly limited for temperature-sensitive devices and instruments.

[0005] Another sterilization method utilizes steam autoclave which is the oldest and typically most cost-effective method of sterilization used mostly for surgical
25 instruments. The applied steam reaches 121-148 ° C in a pressure chamber at 15 PSI. The sterilization period is dependent on the temperature and size of the load and can range from 10-60 minutes. Yet because this method utilizes relatively high temperatures, it is not well suited for heat sensitive materials, devices, and instruments.

[0006] Another methods utilizes Ethylene Oxide (ETO) gas for items that are heat
30 or moisture sensitive. Although the operating temperature of this process is far below those of dry heat and steam autoclave sterilization, it may still be too high for a certain medical devices, namely bioabsorbable stents.

[0007] Gamma and E-beam sterilization is another method which uses radiation where the effect on polymeric materials is the same for both. Gamma and E-beam sterilization typically subjects devices to irradiation sterilization but polymeric devices, in particular, will inevitably be affected by the radiation and will experience changes in their polymer structure (such as chain scission and cross-linking). These processes may lead to significant changes and compromise in the tensile strength, elongation at break, and yield strain of such polymeric devices. Furthermore, the exact changes in mechanical properties may not be immediately apparent as there can be some time delay in the development of these changes.

[0008] Another sterilization further includes Vaporized Hydrogen Peroxide (VHP) sterilization which has been generally applied for sterilizing medical devices in hospitals worldwide. Sterilization by VHP occurs in a relatively low-moisture environment at a temperature less than 50C. It is generally suitable for sterilizing heat and moisture-sensitive items and delicate instruments. Hydrogen Peroxide is an oxidizing agent that effects sterilization thru oxidation of key cellular components (e.g. membrane lipids, DNA, and other essential constituents). These chemical interactions at multiple biologically important reaction sites are believed to be responsible for the inactivation of microorganisms. As a low-temperature gaseous method of sterilization, VHP is an alternative to ETO sterilization but VHP sterilization does not penetrate into the devices to be sterilized as much as ETO. However, besides low-temperature and moisture, VHP sterilization does offer other significant advantages over ETO sterilization including excellent material compatibility and short cycle time. Yet like other sterilization modalities, VHP has limitations. Because VHP sterilization lacks the penetration available with ETO, an open gas pathway must be present. Medical devices such as PTCA or PTA catheters with or without stents mounted on to the delivery catheters may comprise relatively long tubular members in a range of 100-150 cm with luminal diameters as small as 0.008". Such configurations present a significant challenge for this method of sterilization as VHP sterilization is generally incapable of penetrating and sterilizing through these lumen lengths.

[0009] Because of these limitations, there is a need for a method that is capable of sterilizing devices with complex geometry and high-sensitivity to temperature and radiation exposure.

SUMMARY OF THE INVENTION

[0010] Bioabsorbable polymeric stents are especially sensitive to temperature, radiation, and moisture present in traditional sterilization processes. It is known that temperatures used during sterilization, e.g., ETO sterilization, can result in cracking of polymeric stent struts during stent deployment due to onset of brittle behavior.

[0011] In one embodiment, the stent may be constructed of a bioabsorbable polymeric material with a T_g (glass transition temperature) between 40-80° C. While in an expanded form, this stent may be first exposed to an ETO sterilization process with, e.g., an operating temperature range of 38° - 50° C and with a relative humidity (RH) of 20% - 80%. Since this sterilization temperature is at or below the T_g of the stent material, undesirable thermal effects and deterioration of mechanical properties may be largely avoided. The stent may be subsequently crimped on to a pre-sterilized catheter delivery system in an aseptic or semi-aseptic environment. The assembly may then undergo a terminal sterilization step utilizing, e.g., a vaporized hydrogen peroxide (VHP)

sterilization method. Because of the low temperature and RH levels of the VHP sterilization process, mechanical properties of the stent may not be adversely affected. To further preserve mechanical properties of stent, an example of the VHP sterilization process parameters may be set as follows: (1) temperature range below 60° C, (2) cycle time of 1 hr - 10 hrs, and (3) concentration of 50%-60% normal peroxide by weight.

[0012] Aside from ETO or VHP sterilization, a nitrous oxide based sterilization method may also be utilized such as those commercially available from Noxilizer (Bethesda, MD). The catheter assembly may be exposed to nitrous oxide, e.g., from 10 minutes to 1 hour and at a maximum temperature of 23° C. The exposure time can be increased as necessary to ensure complete device sterilization.

[0013] Another embodiment for maintaining the sterility of catheter lumens may incorporate the use of one or more micro-porous filters (e.g., 0.2 μ m pore filters) coupled to a valve. A luer assembly having one or more valves (in either an opened or closed configuration) and filters coupled thereto may be used for sterilizing the catheter assembly. Furthermore, a mandrel assembly may also be used for blocking the catheter guidewire lumen for use in sterilizing the catheter assembly.

[0014] An inflation valve assembly, e.g., uni-directional valve or stopcock, having a stop or valve operable between a closed and opened configuration may have an inflation lumen filter assembly coupled to the balloon inflation lumen extending from the luer assembly. Likewise, a guidewire valve assembly having a stop or valve may be coupled to

the guidewire lumen. A guidewire lumen filter assembly may be coupled proximally to the valve assembly. Utilizing 0.2 μm or smaller pore filters may prevent the introduction of microbial contaminants into the catheter lumens.

[0015] A removable seal may be optionally placed upon the catheter distal end or
5 inserted therein to also seal the distal portion of the catheter assembly. An example of such a removable seal may utilize a mandrel sized for insertion within a guidewire lumen of the catheter. A flared seal portion which extends proximally over the mandrel may be attached near or at a distal end of the mandrel such that when the mandrel is inserted
10 within the guidewire lumen through a distal opening, the flared seal portion may extend at least partially over the catheter distal tip and upon the catheter outer surface to form a seal effectively isolating the catheter lumen from the environment and preventing introduction of microbial contaminants into the lumen.

[0016] With the valve assemblies and their respective filters coupled securely to the luer assembly, respective stops may be turned or configured into an opened
15 configuration such that the catheter lumens are in fluid communication with the environment through the filters. Sterilization of the internal catheter lumens may be then achieved utilizing any of the methods described herein, e.g., ETO sterilization, or any other suitable sterilization methods. Alternatively, the stops may be turned or configured into their closed configurations and sterilization of the internal catheter lumens may
20 nonetheless be achieved using other sterilization methods, e.g., E-beam sterilization.

[0017] Once the sterilization of the catheter lumens has been completed, the catheter assembly may be moved into a controlled aseptic environment, such as a clean room, where one or both stops may be closed (if sterilized in their opened configuration, otherwise, they may be left closed). With the proximal end of the catheter effectively
25 isolated by the luer assembly and the distal end of the catheter effectively isolated by the mandrel assembly, the internal catheter lumens may maintain their sterility.

[0018] To place a stent upon the inflation balloon after catheter sterilization, the stop on the inflation valve assembly may be opened (or left opened) and air or another fluid may be passed through the filter to at least partially inflate the balloon. Because the
30 inflation lumen was pre-sterilized, passing the air or fluid through the filter may maintain sterility of the lumen and balloon. The polymeric stent (which may be pre-sterilized) may be crimped upon the balloon and the stop may then be turned into its closed configuration to again effectively isolate and maintain the lumen sterility.

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[0019] Optionally, if the catheter system requires any further inspection or testing, such as pressure testing for ensuring the absence of leaks, both the stops for respective inflation and guidewire lumens may be opened and coupled to an air or fluid source and pressurized. Because any air or fluid passes through the respective filter assemblies, 5 sterility of the catheter lumens may still be maintained.

[0020] With the stent crimped the balloon and the internal catheter lumens sterilized, one or both filter assemblies may be removed and the catheter assembly packaged. The entire assembly (or the external components) may then be terminally sterilized utilizing any of the methods described herein. Prior to the catheter assembly 10 being used by the physician, one or both valves may be removed by the physician prior to stent implantation.

[0021] Turning back now to pre-conditioning and/or sterilization processes, another variation is described which achieves or maintains particular post-sterilization mechanical properties of the stent. The implanted stent may desirably achieve or maintain 15 mechanical characteristics which are either enhanced or at the least unaffected by the sterilization methods. For instance, the stent 10 may achieve or maintain at least one (and desirably all) of the following characteristics, e.g., a diameter increase by 5%-80% via the inflatable balloon 12 without fracture formation; may curve up to 180° about a 1 cm curvature radius without fracture formation; exhibit a percent reduction in axial length of 20 between 10%-50% without fracture formation when placed under an axial load; exhibit a percent reduction in diameter of between 5%-70% without fracture formation when placed under a compressive load; and exhibit a 20% radial deformation when placed under a load of 0.1 N-5 N.

[0022] Depending on the molecular weight and crystallinity combination of the 25 stent materials chosen, the fully sterilized stent may be able to maintain its original crystallinity of 25%-35% and a molecular weight of 259,000 g/mol to 2,120,000 g/mol while providing high radial strength (e.g., 0.1 N-5N per 1 cm length at 20% compression), withstanding considerable amounts of strain without fracturing (e.g., 150% strain), and exhibiting high fatigue life under physiological conditions (e.g., 10 million cycles under 30 radial pulse load), 200,000 - 1 million cycles under axial compression and torsional loads.

[0023] Examples of stents and methods of processing stents having such mechanical properties which may be produced utilizing the sterilization processes herein are shown and described in further detail in U.S. Pat. App. 12/143,659 filed June 20, 2008

and 12/488,453 filed June 19, 2009, each of which is incorporated herein by reference in its entirety.

[0024] In yet another variation, the balloon may be inflated and stent mounted onto the inflated balloon prior to pre-sterilization. The assembly may be then sterilized using ETO sterilization with an operating temperature range of 38°-50° C and RH of 20%-80%. The stent may be subsequently crimped on to the balloon in an aseptic or semi-aseptic environment and terminally sterilized by using VHP sterilization. The purpose of pre-sterilization of the inflated balloon is to eliminate the need for inflation during the crimping process, thus reducing the potential for introduction of bacterial load.

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BRIEF DESCRIPTION OF THE DRAWINGS

[0025] Fig. 1 shows a side view of an example of a polymeric stent which may be sterilized.

[0026] Fig. 2 shows a side view of a polymeric stent crimped upon a sterilized balloon assembly which may be sterilized as a system.

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[0027] Fig. 3A shows a side view of a luer assembly having one or more valves (in either an opened or closed configuration) and filters coupled thereto for use in sterilizing the catheter assembly.

[0028] Fig. 3B shows a partial cross-sectional side view of an inflation balloon assembly coupled to a catheter and having a mandrel assembly blocking the catheter lumen for use in sterilizing the catheter assembly.

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[0029] Figs. 4A and 4B show respective luer (having an inflation lumen opened) and balloon assemblies with a polymeric stent crimped onto the balloon for sterilization.

[0030] Figs. 5A and 5B show respective luer (having the valves closed and filters removed) and balloon assemblies fully sterilized.

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[0031] Figs. 6A and 6B show respective luer (having valves removed) and balloon assemblies ready for use.

[0032] Figs. 7A and 7B show partial cross-sectional side views of one variation of the mandrel assembly removed from the distal tip of the catheter.

[0033] Fig. 7C shows a partial cross-sectional side view of the mandrel assembly having a flared seal for placement over the catheter distal end.

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[0034] Figs. 8A and 8B show partial cross-sectional side views of another variation of the mandrel assembly removed from the distal tip of the catheter.

[0035] Fig. 8C shows a partial cross-sectional side view of the mandrel assembly having a plug assembly for insertion into the catheter distal end.

[0036] Figs. 9A and 9B show partial cross-sectional side views of another variation of the mandrel assembly removed from the distal tip of the catheter.

5 [0037] Fig. 9C shows a partial cross-sectional side view of the mandrel assembly having a tapered portion for insertion into the catheter distal end.

DETAILED DESCRIPTION OF THE INVENTION

[0038] Medical devices including catheter delivery devices and implantable stents
10 must be able to withstand mechanical loads that are imposed during delivery to the treatment site (such as loads imposed during intravascular delivery) as well as post implantation. These loads may be in forms of pulsatile, torsional, axial, compressive and/or combination thereof with various frequencies and amplitudes depending upon the site of implantation. Stents should ideally maintain their scaffolding properties and
15 structural strength and integrity under these loading conditions. Thus, any compromise of their physical properties during sterilization may result in a mechanical failure pre or post implantation.

[0039] Bioabsorbable polymeric stents are especially sensitive to temperature, radiation, and moisture present in traditional sterilization processes. It is known that
20 temperatures used during ETO sterilization can result in cracking of polymeric stent struts during stent deployment due to onset of brittle behavior.

[0040] In one embodiment, the stent may be constructed of a bioabsorbable polymeric material with a T_g (glass transition temperature) between 40-80° C. While in an expanded form, this stent may be first exposed to an ETO sterilization process with, e.g.,
25 an operating temperature range of 38° - 50° C and with a relative humidity (RH) of 20% - 80%. Since this sterilization temperature is at or below the T_g of the stent material, undesirable thermal effects and deterioration of mechanical properties may be largely avoided. Fig. 1 shows a side view of an example of a stent 10 having a first diameter D1 which has been sterilized prior to assembly upon a catheter. Stent 10 may be
30 subsequently crimped on to a pre-sterilized catheter delivery system in an aseptic or semi-aseptic environment. The final assembly from this process may result in bioburden levels of 0 - 1000 colony forming units (CFU), which is a measure of viable bacterial numbers.

[0041] The assembly may then undergo a terminal sterilization step utilizing, e.g., a vaporized hydrogen peroxide (VHP) sterilization method. Fig. 2 shows a side view of

the stent 10 crimped upon the delivery system, e.g., stent 10 may be assembled with delivery catheter 14 in an aseptic environment where stent 10 may be crimped upon an inflatable balloon 12 from its initial diameter D1 to a second smaller diameter D2.

Because of the bacterial load present on the device is very low prior to this process, and
5 also because certain components of the system which are challenging to sterilize (which may include the catheter lumen) has been pre-sterilized by conventional methods, the final VHP sterilization process may not require full penetration through the entire assembly (including the catheter lumen). Accordingly, such a sterilization process may be highly effective as a terminal process. Furthermore, because of the low temperature and RH
10 levels of the VHP sterilization process, mechanical properties of the stent may not be adversely affected. To further preserve mechanical properties of stent, an example of the VHP sterilization process parameters may be set as follows: (1) temperature range below 60° C, (2) cycle time of 1 hr - 10 hrs, and (3) concentration of 50%-60% normal peroxide by weight.

15 [0042] Aside from ETO or VHP sterilization, a nitrous oxide based sterilization method may also be utilized such as those commercially available from Noxilizer (Bethesda, MD). The catheter assembly may be exposed to nitrous oxide, e.g., from 10 minutes to 1 hour and at a maximum temperature of 23° C. The exposure time can be increased as necessary to ensure complete device sterilization.

20 [0043] In order to maximize the sterilization potential of the nitrous oxide, sterilization of the catheter assembly could be accomplished in dual phases. The delivery system may be first sterilized using radiation, E-beam, or other method such as ETO sterilization. The stent may then be placed upon the sterilized catheter and the entire assembly may then be sterilized with nitrous oxide at heat levels no greater than room
25 temperatures, e.g., 22 ° C. Because of the reduced heating levels, the reduced temperatures reduce the possibility of polymer material cross-linking and the polymer glass transition temperature is not impacted. Moreover, use of nitrous oxide may require less aeration time and will not impact any shape memory properties of the polymer stents.

[0044] As previously indicated, upon completion of the initial sterilization, the
30 stent crimping process may be performed. The crimping process may involve the introduction of gases or fluids or other foreign materials (e.g., for balloon inflation) or tools such as mandrels into the internal lumens of the device. Yet introduction of foreign materials into a sterilized component may violate sterility of these areas. This may be especially problematic when the terminal sterilization does not have the capacity to

penetrate through the walls of the device, e.g., through the catheter walls to sterilize these lumens.

[0045] Another embodiment for maintaining the sterility of catheter lumens may incorporate the use of one or more micro-porous filters (e.g., 0.2 μm pore filters) coupled to a valve. An example is shown in the side view of Fig. 3A which shows a side view of a luer assembly 20 having one or more valves (in either an opened or closed configuration) and filters coupled thereto for use in sterilizing the catheter assembly. Fig. 3B shows a partial cross-sectional side view of an inflation balloon assembly 12 coupled to the catheter 14 having luer assembly 20 and further having a mandrel assembly 38 blocking the catheter lumen for use in sterilizing the catheter assembly.

[0046] An inflation valve assembly 26, e.g., uni-directional valve or stopcock, having a stop or valve 28 operable between a closed and opened configuration may have an inflation lumen filter assembly 34, as described above, coupled to balloon inflation lumen 22 extending from luer assembly 20. Likewise, a guidewire valve assembly 30 (e.g., similar to valve assembly 26) having stop or valve 32 may be coupled to guidewire lumen 24. A guidewire lumen filter assembly 36 (e.g., similar to filter assembly 34) may be coupled proximally to valve assembly 30. Utilizing 0.2 μm pore filters 34, 36 may prevent the introduction of microbial contaminants into the catheter lumens.

[0047] A removable seal may be optionally placed upon the catheter distal end or inserted therein to also seal the distal portion of the catheter assembly. An example of such a removable seal is shown in mandrel assembly 38 which may utilize a mandrel 44 sized for insertion within a guidewire lumen 24 of catheter 14. A flared seal portion 46 which extends proximally over mandrel 44 may be attached near or at a distal end of mandrel 44 along attachment 48 such that when mandrel 44 is inserted within guidewire lumen 24 through distal opening 40, flared seal portion 46 may extend at least partially over catheter distal tip 42 and upon the catheter outer surface to form a seal effectively isolating the catheter lumen 24 from the environment.

[0048] With valve assemblies 26, 30 and their respective filters 34, 36 coupled securely to luer assembly 20, respective stops 28, 32 may be turned or configured into an opened configuration such that the catheter lumens are in fluid communication with the environment through filters 34, 36, as shown in Fig. 3A. Sterilization of the internal catheter lumens may be then achieved utilizing any of the methods described herein, e.g., ETO sterilization, or any other suitable sterilization methods. Alternatively, stops 28, 32 may be turned or configured into their closed configurations and sterilization of the

internal catheter lumens may nonetheless be achieved using other sterilization methods, e.g., E-beam sterilization.

[0049] Once the sterilization of the catheter lumens has been completed, the catheter assembly may be moved into a controlled aseptic environment, such as a clean room, where one or both stops 28, 32 may be closed (if sterilized in their opened configuration, otherwise, they may be left closed). With the proximal end of the catheter 14 effectively isolated by luer assembly 20 and the distal end of catheter 14 effectively isolated by mandrel assembly 38, the internal catheter lumens may maintain their sterility.

[0050] To place a stent upon the inflation balloon 12 after catheter sterilization, the stop 28 on inflation valve assembly 26 may be opened (or left opened) and air or another fluid may be passed through filter 34 to at least partially inflate balloon 12, as shown in respective Figs. 4A and 4B. Because the inflation lumen 22 was pre-sterilized, passing the air or fluid through the filter 34 may maintain sterility of the lumen 22 and balloon 12. The polymeric stent 10 (which may be pre-sterilized) may be crimped upon the balloon 12, as shown in Fig. 4B, and stop 28 may then be turned into its closed configuration to again effectively isolate and maintain the lumen sterility.

[0051] Optionally, if the catheter system requires any further inspection or testing, such as pressure testing for ensuring the absence of leaks, both the stops 28, 32 for respective inflation and guidewire lumens 22, 24 may be opened and coupled to an air or fluid source and pressurized. Because any air or fluid passes through respective filter assemblies 34, 36, sterility of the catheter lumens may still be maintained.

[0052] With the stent 10 crimped the balloon 12 and the internal catheter lumens sterilized, one or both filter assemblies 34, 36 may be removed and the catheter assembly packaged, as shown in Figs. 5A and 5B. The entire assembly (or the external components) may then be terminally sterilized utilizing any of the methods described herein. Prior to the catheter assembly being used by the physician, one or both valves 26, 30 (as well as mandrel assembly 38, if not already removed) may be removed by the physician prior to stent implantation, as shown in Figs. 6A and 6B.

[0053] Turning now to Figs. 7A to 7C, one example of the mandrel assembly 38 for sealing the distal end of the catheter is illustrated. Mandrel 44 may be comprised of a material such as stainless steel which is sized to have a diameter (e.g., having an outer diameter of 0.005 in-0.080 in) which is suitable for insertion within the guidewire lumen 24 of catheter 14. Mandrel 44 may have a length (e.g., 1 cm-160 cm) which is varied so long as the mandrel 44 may extend at least partially through the balloon 12 as the mandrel

44 may provide structural integrity to the catheter 14 during stent crimping upon the balloon 12. The increased structural strength provided by the mandrel 44 to catheter 14 may inhibit or prevent the catheter from buckling as the stent 10 is placed and crimped thereupon.

5 [0054] Seal 46 (which may be comprised of an elastic material such as silicone, latex, Pebax®, etc.) may be attached 48 (e.g., via adhesive) near or at a distal end of mandrel 48 and flare proximally such that the seal 46 forms a tubular structure (e.g., having an outer diameter of 0.007 in-0.090 in and an inner diameter of 0.005 in-0.090 in) which may
10 slidably receive the distal end 42 of the catheter 14 while mandrel 44 is inserted into the guidewire lumen 24. With mandrel assembly 38 securely positioned through the distal opening 40 of catheter 14 and over the distal tip 42, fluid communication is inhibited or prevented between the guidewire lumen 24 and the environment, as shown in Fig. 7A.

[0055] Once sterilization is complete and/or prior to the catheter 14 and crimped stent 10 being inserted into the patient, mandrel assembly 38 may be removed by sliding
15 mandrel 44 distally through opening 40 from lumen 24, as shown in Fig. 7B. Fig. 7C illustrates the mandrel assembly 38 completely removed from the catheter 14.

[0056] Another example of a mandrel assembly is shown in the side views of Figs. 8A to 8C. In this variation, a plug member 50 having a tapered portion 52 extending proximally along mandrel 44 may be attached near or at a distal end of mandrel 44. The
20 tapered portion 52 may be inserted into the distal opening 40 as mandrel 44 is slid into the guidewire lumen 24 to effectively plug the catheter tip. The plug member 50 may be comprised of a polymeric material such as silicone, Pebax®, etc. which conforms to the catheter opening 40. Fig. 8B illustrates the mandrel assembly being removed from the guidewire lumen and Fig. 8C shows the mandrel assembly removed entirely from the
25 catheter.

[0057] Figs. 9A to 9C show yet another example of a mandrel assembly. In this variation, mandrel 44 may be comprised of a mandrel having an integrated tapered section 54 extending into a widened section 56 near or at a distal end of the mandrel. The mandrel may be comprised of stainless steel, as above, or a relatively high-durometer polymer, or
30 any other suitable material. Figs. 9B and 9C illustrate the partial removal of the mandrel and the mandrel completely removed from the catheter.

[0058] Turning back now to pre-conditioning and/or sterilization processes, another variation is described which achieves or maintains particular post-sterilization mechanical properties of the stent. The implanted stent 10 may desirably achieve or

maintain mechanical characteristics which are either enhanced or at the least unaffected by the sterilization methods. For instance, the stent 10 may achieve or maintain at least one (and desirably all) of the following characteristics, e.g., a diameter increase by 5%-80% via the inflatable balloon 12 without fracture formation; may curve up to 180° about a 1 cm curvature radius without fracture formation; exhibit a percent reduction in axial length of between 10%-50% without fracture formation when placed under an axial load; exhibit a percent reduction in diameter of between 5%-70% without fracture formation when placed under a compressive load; and exhibit a 20% radial deformation when placed under a load of 0.1 N-5 N.

10 [0059] Depending on the molecular weight and crystallinity combination of the stent materials chosen, the fully sterilized stent may be able to maintain its original crystallinity of 25%-35% and a molecular weight of 259,000 g/mol to 2,120,000 g/mol while providing high radial strength (e.g., 0.1 N-5 N per 1 cm length at 20% compression), withstanding considerable amounts of strain without fracturing (e.g., 150% strain), and
15 exhibiting high fatigue life under physiological conditions (e.g., 10 million cycles under radial pulse load), 200,000 - 1 million cycles under axial compression and torsional loads.

[0060] Examples of stents and methods of processing stents having such mechanical properties which may be produced utilizing the sterilization processes herein are shown and described in further detail in U.S. Pat. App. 12/143,659 filed June 20, 2008
20 and 12/488,453 filed June 19, 2009, each of which is incorporated herein by reference in its entirety.

[0061] In yet another variation, the balloon may be inflated and stent mounted onto the inflated balloon prior to pre-sterilization. The assembly may be then sterilized using ETO sterilization with an operating temperature range of 38°-50° C and RH of 20%-80%.
25 The stent may be subsequently crimped on to the balloon in an aseptic or semi-aseptic environment and terminally sterilized by using VHP sterilization. The purpose of pre-sterilization of the inflated balloon is to eliminate the need for inflation during the crimping process, thus reducing the potential for introduction of bacterial load.

[0062] In any of the variations herein, the bioabsorbable polymeric stent may be
30 selected from the group consisting of polyethylene, polycarbonates, polyamides, polyesteramides, polyetheretherketone, polyacetals, polyketals, polyurethane, polyolefin, polyethylene terephthalate, polylactide, poly-L-lactide, poly-glycolide, poly(lactide-co-glycolide), polycaprolactone, caprolactones, polydioxanones, polyanhydrides, polyorthocarbonates, polyphosphazenes, chitin, chitosan, poly(amino acids),

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polyorthoesters, oligomers, homopolymers, methyl cerylate, methyl methacrylate, acryli
acid, methacrylic acid, acrylamide, hydroxyethy acrylate, hydroxyethyl methacrylate,
glyceryl scrylate, glyceryl methacrylate, methacrylamide, ethacrylamide, styrene, vinyl
chloride, binaly pyrrolidone, polyvinyl alcohol, polycoprolactam, polylauryl lactam,
5 polyjexamethylene adipamide, polyexamethylene dodecanediamide, trimethylene
carbonate, poly(β -hydroxybutyrate), poly(g-ethyl glutamate), poly(DTH iminocarbonate),
poly(bisphenol A iminocarbonate), polycyanoacrylate, polyphosphazene, methyl cerylate,
methyl methacrylate, acryli acid, methacrylic acid, acrylamide, hydroxyethy acrylate,
hydroxyethyl methacrylate, glyceryl scrylate, glyceryl methacrylate, methacrylamide,
10 ethacrylamide, and copolymers, terpolymers and combinations and mixtures thereof.

[0063] The applications of the disclosed invention discussed above are not limited
to certain processes, treatments, or placement in certain regions of the body, but may
include any number of other processes, treatments, and areas of the body. Modification of
the above-described methods and devices for carrying out the invention, and variations of
15 aspects of the invention that are obvious to those of skill in the arts are intended to be
within the scope of this disclosure. Moreover, various combinations of aspects between
examples are also contemplated and are considered to be within the scope of this
disclosure as well.

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CLAIMS

What is claimed is:

1. A system for sterilizing a catheter assembly, comprising:
a catheter having a proximal end, a distal end, and at least one lumen therethrough;
5 one or more valves positioned at a proximal end of the catheter and in fluid
communication with the at least one lumen, where the one or more valves are configurable
between an opened and closed configuration;
one or more filters positioned in fluid communication with the one or more
respective valves; and,
10 a distal end seal removably positioned in the at least one lumen at the distal end of
the catheter, where the distal end seal isolates the at least one lumen when positioned at
the distal end of the catheter.
2. The system of claim 1 further comprising a luer assembly coupled to the
15 proximal end and defining a guidewire lumen and an inflation lumen therethrough.
3. The system of claim 1 wherein the one or more valves comprise a stopcock
having a stop configurable between the opened and closed configuration.
- 20 4. The system of claim 1 wherein the one or more filters are coupled to a proximal
end of the one or more respective valves.
5. The system of claim 1 wherein the one or more filters comprise a micro-porous
filter.
25 6. The system of claim 5 wherein the micro-porous filter defines pores of 0.2 μm
or less.
7. The system of claim 1 wherein the distal end seal comprises an elongate
30 mandrel having a flared sealing portion which extends proximally over mandrel for
receiving the catheter distal end.
8. The system of claim 7 wherein the mandrel has a length of 1 cm-160 cm.

9. The system of claim 7 wherein the mandrel has a diameter sized to be slidably inserted into the at least one lumen.

10. The system of claim 7 wherein the mandrel has a length sufficient to extend at least partially through an inflation balloon positioned near or at the distal end of the catheter.

11. The system of claim 1 wherein the distal end seal comprises an elongate mandrel having a plug member sized for insertion into the catheter distal end.

12. The system of claim 1 wherein the distal end seal comprises an elongate mandrel having a tapered portion sized for insertion into the catheter distal end.

13. A method for sterilizing a catheter assembly, comprising:
providing a catheter having a proximal end, a distal end, and at least one lumen therethrough;
sterilizing an interior of the at least one lumen;
sealing the proximal end of the at least one lumen;
sealing the distal end of the at least one lumen such that the lumen is isolated from an environment; and,
sterilizing an exterior of the catheter.

15. The method of claim 13 wherein sterilizing an interior comprises sterilizing via ethylene oxide or radiation.

16. The method of claim 13 wherein sealing the proximal end comprises sealing a guidewire lumen or an inflation lumen.

17. The method of claim 13 wherein sealing the proximal end comprises actuating a stop from an opened to a closed configuration.

18. The method of claim 13 wherein sealing the distal end comprises inserting an elongate mandrel into the distal end of the lumen such that a sealing portion of the mandrel occludes the distal end of the catheter.

19. The method of claim 18 wherein the elongate mandrel comprises a flared sealing portion which receives the distal end of the catheter in an occluding manner.

5 20. The method of claim 18 wherein the elongate mandrel comprises a plugging portion which occludes the distal end of the lumen.

 21. The method of claim 13 further comprising introducing a gas or fluid into the at least one lumen to at least partially inflate a balloon positioned along the catheter prior
10 to sealing the proximal end.

 22. The method of claim 21 wherein the gas or fluid is introduced into the at least one lumen through at least one corresponding filter such that sterility of the lumen is maintained.

15 23. The method of claim 22 further comprising crimping a stent upon the balloon.

 24. The method of claim 23 further comprising removing the at least one filter.

20 25. The method of claim 24 further comprising introducing the catheter intravascularly into a patient body to a vascular region to be treated.

 26. The method of claim 25 further comprising expanding the stent via the balloon to deploy stent.

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