CLAIMS

[Claim 1]

A mineral water for oral ingestion, wherein the mineral water comprises a liquid extract from activated carbon of a plant-derived raw material or a liquid concentrate of the liquid extract, wherein the potassium ion concentration of the mineral water is 20 ppm to 200 ppm, wherein the amount of calcium ions contained in the mineral water is 30% or less of the potassium ion concentration, and wherein the mineral water has a pH of 8.5 to 10.

[Claim 2]

The mineral water according to claim 1, wherein the potassium ion concentration of the mineral water is 25 ppm to 200 ppm.

[Claim 3]

The mineral water according to any one of claims 1 to 2, wherein the amount of chloride ions contained in the mineral water is 50% or less of the potassium ion concentration.

[Claim 4]

The mineral water according to any one of claims 1 to 3, wherein the amount of magnesium ions contained in the mineral water is 15% or less of the potassium ion concentration.

[Claim 5]

The mineral water according to any one of claims 1 to 4, wherein the amount of sodium ions contained in the mineral water is 10 to 50% of the potassium ion concentration.

[Claim 6]

The mineral water according to any one of claims 1 to 5, having a buffer capacity of 1.5 or more, wherein the buffer capacity is defined as a ratio (B)/(A), assuming that the amount of 0.1 M hydrochloric acid solution with which 100 g of a sodium hydroxide solution adjusted to a pH of 9.2 is titrated from a pH of 9.2 to a pH of 3.0 is (A) mL, and that the amount of 0.1 M hydrochloric acid solution with which the mineral water is titrated from a pH of 9.2 to a pH of 3.0 is (B) mL.

[Claim 7]

The mineral water according to any one of claims 1 to 6, having a total organic carbon (TOC) of 3.0 mg/l or less.

[Claim 8]

The mineral water according to claim 1, wherein the plant-derived raw material is selected from the following: fruit shells of coconut palms, palms, almonds, walnuts, or plums; sawdust, charcoal, resins, and lignin; sawdust ash; bamboos; bagasse, chaff, coffee beans, and molasses; and combinations of these raw materials.

[Claim 9]

The mineral water according to any one of claims 1 to 8, for use in the prevention or improvement of acidification in an organism.