CLAIMS

1. Use of *Lactobacillus paracasei* subsp. *paracasei* in the manufacture of a composition for preventing intestinal inflammation, wherein the *Lactobacillus paracasei* subsp. *paracasei* has the deposit number CGMCC 15139 or DSM 27447.

2. The use according to claim 1, wherein the *Lactobacillus paracasei* subsp. *paracasei* is to be used in a form of solid or liquid bacterial preparation to manufacture the composition.

3. The use according to claim 1, wherein the composition comprises a food composition or a pharmaceutical composition.

4. The use according to claim 1, wherein the composition is for use in reducing inflammatory factors IL-6 and/or TNF-α.

5. The use according to claim 4, wherein the *Lactobacillus paracasei* subsp. *paracasei* is to be used in an amount of 1.0×10^{6} CFU to 1.0×10^{13} CFU/day.

6. The use according to claim 5, wherein the *Lactobacillus paracasei* subsp. *paracasei* is to be used in an amount of 1.0×10^{9} CFU to 1.0×10^{11} CFU/day.

7. The use according to claim 1, wherein the composition is for use in promoting anti-inflammatory factor IL-10.

8. The use according to claim 7, wherein the *Lactobacillus paracasei* subsp. *paracasei* is to be used in an amount of 1.0×10^{6} CFU to 1.0×10^{13} CFU/day.

9. The use according to claim 8, wherein the *Lactobacillus paracasei* subsp. *paracasei* is to be used in an amount of 1.0×10^{9} CFU to 1.0×10^{11} CFU/day.

10. The use according to claim 1, wherein the composition is for use in reducing tissue damage in colitis.

11. The use according to claim 10, wherein the *Lactobacillus paracasei* subsp. *paracasei* is to be used in an amount of 1.0×10^{6} CFU to 1.0×10^{13} CFU/day.

12. The use according to claim 11, wherein the *Lactobacillus paracasei* subsp. *paracasei* is to be used in an amount of 1.0×10^{9} CFU to 1.0×10^{11} CFU/day.

13. The use according to any one of claims 4-12, wherein the composition is a food composition, preferably, the food is a fermented dairy product, cheese, a dairy-containing beverage, a solid beverage, or dairy powder.