

COMMUNICATION METHOD AND APPARATUS

ABSTRACT

A communication method and apparatus are provided, to ensure service continuity of a terminal and improve user experience. The terminal receives, from a network apparatus, first
5 information that is used to configure a first measurement window of a first signal for the terminal, and then measures the first signal based on the first measurement window, where the terminal does not receive or does not send a second signal in the first measurement window, and the second signal is any signal different from the first signal. According to the foregoing method, the terminal may measure the first signal based on the first measurement window. This can ensure that related
10 information of the first signal is not invalid even when the terminal is in a connected state for a long time, so that service continuity of the terminal can be ensured and service experience can be improved.

15 FIG. 4